



Stanford Junior & Infant School

Safeguarding Newsletter- Autumn 2021

Welcome to our termly Safeguarding Newsletter.

Here you will find some useful information and signposts about the work we do here in school to keep your children safe.

At Stanford Junior & Infant School we recognise our moral and statutory responsibility to safeguard and promote the welfare of all our pupils. One of our central aims as a school is to provide an environment where children feel safe, are respected and valued. As such we are always alert to the potential signs of abuse and neglect and will follow our statutory duties to ensure that children receive effective support and protection where needed. For more information please see the 'Keeping children safe in education' document available on the school and government websites.

Who's Who -

Our Designated Safeguarding / Child Protection Officer is Mrs Smith (Deputy Head)

Our Deputy Designated Safeguarding / Child Protection Officer is Mrs Hackfath (Head Teacher)

Our Safeguarding Governor is Mrs Julie Childs (Chair of Governors)

IF YOU ARE CONCERNED ABOUT THE SAFETY OR WELFARE OF YOUR CHILD, OR A CHILD YOU KNOW, YOU SHOULD ACT WITHOUT DELAY - PLEASE SPEAK TO ANY MEMBER OF STAFF IN SCHOOL OR CALL THE LOCAL SAFEGUARDING TEAM ON 01472 326292 OR CONTACT THE POLICE ON 101 or 999 IN AN EMERGENCY.

PARENTING SMART (Place2Be)- NEW WEBSITE ANNOUNCED

The children's mental health charity, Place2Be, has launched a new website aimed at helping parents with typical situations they can find themselves in with their children. Advice can be found on over forty topics including: Understanding sibling rivalry

My child is lying, what does it mean, what should I do? My child has trouble going to sleep

My child says, 'I hate you!'

Cultural identity: who am I? The Parenting Smart website can be found here:

<https://parentingsmart.place2be.org.uk/>



WHAT'S UP WITH WHATSAPP

End-to-End Encryption The latest feature is for your eyes only! The platform now offers users end-to-end encryption on all versions of their chats - even the backups. WhatsApp have been known for encrypting the messages on the App, but not the message history saved onto iCloud or Google Drive. This meant that if

the government or police wanted access to your saved messages, Apple or Google could release them. Users can now protect their backups via password protection or a 64-digit encryption code that only they will have access to. What are the risks? While this change seems beneficial, it only makes WhatsApp a more desirable platform for abuse and grooming to take place as users gain more control over their privacy. It is more difficult for investigators to access potential evidence if there is an incident. For further updates including Phone-Free Messaging, tips and advice please click link <https://ineqe.com/2021/07/29/whats-up-with-whatsapp/>

NEW APPLE IOS 15 UPDATE

Apple has recently launched a new operating system for iPhone and iPad. The latest update comes after a serious security breach that would have left targeted individuals at risk. Online safety company, Ineqe, has looked closely at the new iOS 15 and has found that the new features could leave children vulnerable. Apple's video call software, FaceTime, now has the ability to link with web browsers on Windows and Android. This new shareability could put children at risk of anonymous video calls. Guided Access, however, can negate the threat of accidental tinkering. This valuable feature keeps children on a specific app and away from anything they shouldn't see. Many parents and carers, however, either haven't heard of Guided Access or don't know how to use it. See link for further advice National Online Safety To read more about the iOS 15 update, go to: <https://ineqe.com/2021/10/08/ios-15/>



USEFUL ONLINE SAFETY WEBSITES

National Online Safety - safety guides on ALL aspects of internet use <https://nationalonlinesafety.com/>

Internet Matters - wide range of online safety advice for parents to keep their children safe on-line. <https://www.internetmatters.org/>



Online Counselling Service for 11-25 year olds

As part of Mental Health services for young people, this is a free online counselling and emotional wellbeing support service providing young people, aged 11-25 years (up to 25th birthday), with a free, safe and secure means of accessing support with their emotional health and wellbeing from a professional team of qualified counsellors

EAL RESOURCES FOR ONLINE SAFETY

Please see below for useful websites to support your children, together with a link for leaflets in other languages that will assist you in keeping your children safe on-line. Parents: Supporting Young People Online (Childnet)

<https://www.childnet.com/ufiles/SupportingYoung-People-Online.pdf> Leaflets available in other languages here

<https://www.childnet.com/resources/supportingyoung-people-online> • Arabic • Bengali • English • Farsi • French • Hindi • Polish • Punjabi • Somali • Spanish • Turkish • Welsh

ONLINE GROOMING

IWF safety campaign aims to help parents have conversations with their children about keeping their 'door' closed to child sexual abusers. The campaign includes a booklet for parents, explaining the risks, explaining why children are vulnerable, & suggests practical steps that parents can take.

TALK to your child about online sexual abuse. AGREE ground rules about the way you use technology. LEARN about the platforms and apps your child loves. KNOW how to use tools, apps and settings that can help to keep your child safe online. For further details go to:

<https://talk.iwf.org.uk/>

PARENTAL ONLINE SAFETY TIPS

With the technological advances that had to be made during the lockdown periods over the last 18 months, learning from home was forced to be increased. This meant that young people were spending a lot more time on-line doing their schoolwork, gaming and socialising. However, it's important we all consider how we can help keep young people safer online. Here's some information about what your child may enjoy online and what you can do to help keep them safer!

ONLINE GAMING

Online games are social activities, and most have features that allow young people to chat with others whilst they play. For information about the positives of gaming, the risks of 'in-game chat' and measures you can take to help protect your child, watch this short video:

In-game chat: a guide for parents and carers
<https://www.youtube.com/watch?v=5-ij1jm9K8>

SHARING IMAGES AND VIDEOS

Young people often share images or 'selfies' and there is potential for some of those to be nude or nearly nude images. Young people share 'nudes' for a number of different reasons, and some situations are riskier than others.

For information about the contexts in which images are shared and how best to respond, take a look at <https://www.thinkuknow.co.uk/parents/articles/Nude-selfies-a-parents-guide/>

MORE INFORMATION

Thinkuknow is the education programme from the National Crime Agency's Child Protection Command CEOP (NCA-CEOP). Their aim is to protect children and young people from sexual abuse online.

For more information, advice and guidance, visit their parents website <https://www.thinkuknow.co.uk/parents> and download their home activity worksheets for fun, online safety activities to do with your family

Steps you can take to help keep your child safer online

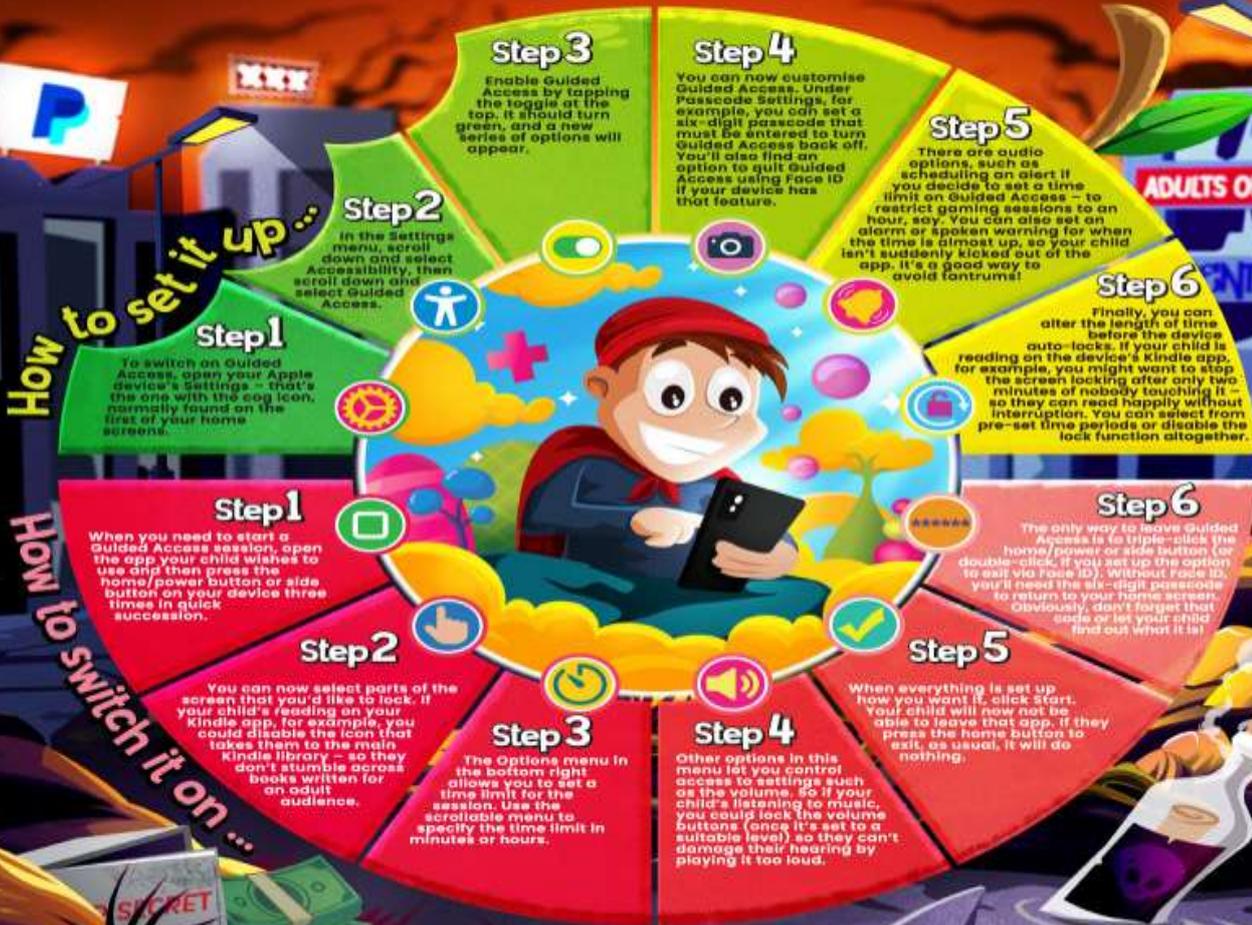
Have an ongoing conversation: Continue to talk about the apps, games and sites they like to use, and what they like and don't like and any concerns about being online. Discuss with them when to unfollow, block or report. For help starting this conversation, read having a conversation with your child <https://www.thinkuknow.co.uk/parents/articles/having-a-conversation-with-your-child/>

Make sure they know where to go for support: Remind your child they can always speak to you or an adult they trust if anything happens online that makes them feel worried or upset. Remind them that they won't be in trouble and that you are there to help. For a breakdown of report services, visit: Supporting your child with reporting unwanted content online <https://parentinfo.org/article/supporting-your-child-with-reporting-unwanted-content-online>

What Parents and Carers Need to Know about APPLE GUIDED ACCESS

IPhones and iPads don't offer separate user accounts. So when you hand your Apple device to a child to play a game or watch a video, you're also handing them access to your email, the web, messaging and numerous other apps through which they could accidentally do something regrettable.

Apple Guided Access solves this potential problem by letting you restrict the iPhone or iPad to one particular app whenever your child uses the device. If they try and leave that app, they will be asked for a password or Face ID, meaning they can't access anything they shouldn't elsewhere on the device. Here, we show you how to find and set up the Guided Access feature, so you can confidently let your child borrow your iPhone or iPad.



Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the *Sunday Times*, *Which?*, *PC Pro* and *Computeractive*. He's appeared regularly as a technology pundit on television and radio, including on *Newsnight*, *Radio 5 Live* and the *ITV News at Ten*. He has two children and has written regularly about internet safety issues.



SOURCE: <https://support.apple.com/en-gb/HT202812>

NOS National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @nationalonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.10.2023

Parents/Carers Learning Programme

Sexual Abuse Learning Programme (Parents Protect)

Parents Protect has developed this online child sexual abuse and exploitation awareness learning programme for parents/carers and professionals to help:

- Understand potential risks
- Recognise the signs of possible abuse in children
- Be aware of inappropriate behaviour in adults
- Know where to go for help if you have concerns and would like to talk about them

Click here: [Sexual Abuse Learning Programme - Parents Protect](#)



NSPCC Dedicated Helpline
0800 136 663

This new dedicated helpline provides support to both children and adults who have experienced sexual abuse in educational settings or has concerns about someone or the issues raised. Support and advice include how to contact the police and report crimes if they wish.

The helpline will also provide support to parents too. More information is available at

[Dedicated helpline for victims of abuse in schools](#)
[NSPCC](#)

stop it now! UK & Ireland
Together we can prevent child sexual abuse

[Stop It Now! UK and Ireland](#) encourages adults to create a society that no longer tolerates the sexual abuse of children. There is a confidential and anonymous helpline and email service - 0800 1000 900 or live chat, secure email if you are not ready to speak to someone on the phone.

Click the following links:
[Live chat - Stop It Now](#)
[Stop It Now! Secure email](#)

SELF- HELP MENU NELINCS- CHILDREN AND YOUNG PEOPLE

Self-help menu for children and young people, which gives different options for young people to access support on a range of different topics.

https://www.nelincs.gov.uk/health-wellbeing-and-social-care/health-and-wellbeing/emotional-wellbeing-resources/self-help-menu/?fbclid=IwAR1dHcEFBxG2t-VtwHN7E6sGrJjly6-1L_atbXPihovxirChJ4wbnDgzWA

Self-help resources

Help needed	Apps	Helplines	Websites	Messenger	Email	Resources
Mental Health and Emotional Wellbeing	Daylio Journal Sleepio ThinkNinja	The Mix ☑ – 0808 808 4994	YoungMinds ☑ The Mix ☑ On My Mind ☑ Mind ☑ Time to Change ☑ Kooth ☑	YoungMinds Crisis Messenger ☑ Diana Award Crisis Messenger ☑ Kooth ☑	info@mind.org.uk The Mix – Email Us ☑	YoungMinds Blog ☑
Anxiety/Stress	Headspace Wysa	Anxiety UK ☑ –03444 775 774	Anxiety UK ☑ YoungMinds ☑ Kooth ☑	Kooth ☑ The Mix (1-2-1 chat) ☑	support@anxiety.org.uk	Anxiety UK Blog ☑
Depression	Headspace Wysa 7 Cups App	ChildLine ☑ – 0800 1111 CALM ☑ – 0800 58 58 58	Mood Juice Programme ☑ 7 Cups ☑ Blurt ☑ In-Your-Mates ☑ Corner ☑ Kooth ☑	ChildLine 1-2-1 Counsellor Chat ☑ Diana Award Crisis Messenger ☑ YoungMinds Crisis Messenger ☑ Kooth ☑	ChildLine ☑ jo@samritans.org The Mix – Email Us ☑	Depression: Your Guide to Depression and Finding the Help and Support You Need ☑
Self-Harm	Calm Harm DistrACT	Papyrus Hopeline ☑ – 0800 068 41 41 CALM Helpline ☑ – –0800 58 58 58	Selfharm UK ☑ Kooth ☑	Kooth ☑ YoungMinds Crisis Messenger ☑ Diana Award Crisis Messenger ☑	jo@samritans.org	No Harm Done ☑ Alumina ☑
Suicide/Suicidal Thoughts	Stay Alive DistrACT	Samaritans ☑ –116 123 Papyrus Hopeline ☑ – 0800 068 41 41 Support After Suicide ☑	CALM ☑ Papyrus ☑ Samaritans ☑ Kooth ☑	Calm Zone WebChat ☑ Diana Award Crisis Messenger ☑ Kooth ☑	jo@samritans.org pat@papyrus.org.uk	Finding the words ☑
Bereavement and Loss	Headspace	Child Bereavement UK ☑ –0800 02 888 40 Childhood Bereavement Network ☑ Grief Encounter – – 0808 802 0111	#HEPL2MAKESENSE ☑ Grief Encounter ☑ Kooth ☑	Kooth ☑ Winston's Wish ☑	support@childbereavementuk.org	Hope Again ☑
Bullying	TooToot	ChildLine ☑ – 0800 1111	NSPCC ☑ Anti-Bullying Alliance ☑ THINKUKNOW ☑ Kooth ☑	The Mix 1-2-1 chat ☑ Kooth ☑	The Mix – Email Us ☑	Anti-Bullying Alliance ☑
LGBTQ+		Barnardo's ☑ –0113 239 5581	Stonewall Youth ☑ Mermaids ☑ Kooth ☑	Mermaids WebChat ☑ Kooth ☑	info@mermaidsuk.org.uk	Genderbread Person ☑
Eating Disorders	Rise up and Recover RR Eating Disorder Management	Beat Eating Disorders ☑ Helpline – 0808 801 0677 Student Line – 0808 801 0811 Youth Line – 0808 801 0711	Beat Eating Disorders ☑ Time to Change ☑ Mind ☑ Kooth ☑	Beat Eating Disorders One to One WebChat ☑ info@mind.org.uk Kooth ☑	help@beateatingdisorders.org.uk	YoungMinds ☑ Anorexia ☑ Bulimia ☑
Body Image	Rise up and Recover RR Eating Disorder Management	The Mix ☑ – 0808 808 4994	Dove Self Esteem Project ☑ Be Real ☑ Fixers ☑ Kooth ☑	Kooth ☑ The Mix 1-2-1 chat ☑	The Mix – Email Us ☑	The Mix – Why We All Need More Body Kindness in Our Lives ☑

STAYING SAFE WHEN USING THE INTERNET- PARENTAL ADVICE AND GUIDANCE TO HELP KEEP YOUR CHILDREN SAFE WHEN ONLINE

VODAPHONE DIGITAL PARENTING MAGAZINE

Digital Parenting is a partnership between Parent Zone and Vodafone. The free annual magazine is **an online safety guide for families**, providing parents and carers with practical information and advice directly from teachers, other parents/carers and online safety experts on a range of subjects.



LEGO- BUILD AND TALK

Each pack encourages parents and children to build characters from LEGO bricks they have at home and use play and conversation prompts to talk about important **digital safety topics** such as cyberbullying and managing screen time.

<https://www.lego.com/en-gb/aboutus/buildandtalk>



GAMING CONSOLES AND PLATFORMS

If your child is a keen gamer and uses a range of consoles or devices to play the latest games, take a look at Internet matters list of consoles, platforms and gaming apps parental control how- to guides to get up to speed on how to set the right level of protection to give them a fun and safe experience.

<https://www.internetmatters.org/parental-controls/gaming-consoles/>



HOW TO GET YOUR IMAGE REMOVED

If your 18 and a nude image or video of you has been shared online, you can report it and it can be removed from the internet. You'll need to:

- Select your age and follow the steps below
- Create a Childline account so we can send you updates on your report
- Report your image or video to the Internet Watch Foundation (IWF)

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/remove-nude-image-shared-online/>



REPORT HARMFUL CONTENT

Report

Advice

Cymraeg

Helping everyone to report harmful content online



Threats



Impersonation



Bullying and Harassment



Self-harm or Suicide Content



Online Abuse



Violent Content



Unwanted Sexual Advances



Pornographic Content

[Are you a young person under the age of 18?](#)